Meeting: Torbay Health & Wellbeing Board

Date: 25 September 2025

Wards affected: All

Report Title: Joint Health and Wellbeing Strategy 2026-30

When does the decision need to be implemented? For progression to formal consultation December 2025.

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## 1. Purpose of Report

1.1 The purpose of this paper is to present for discussion the draft Joint Health and Wellbeing Strategy 2026-30.

### 2. Reason for Proposal and its benefits

2.1 The proposals in this report are intended to help us to deliver improvements in the health and wellbeing of our population by setting a framework for health improvement and setting priorities for annual sponsorship by the Board.

## 3. Recommendation(s) / Proposed Decision

#### 3.1 Members are asked:

- to note the process and timetable
- to discuss and agree draft content of the Strategy
- to consider how you would like to be informed of progress on implementation through the year.

## **Supporting Information**

#### 1. Introduction

1.1 The Joint Health and Wellbeing Strategy is a statutory requirement for all upper tier local authorities and represents the priorities and work programme of the Health and Wellbeing Board in response to the Joint Strategic Needs Assessment (JSNA).

## 1.2 The Strategy should:

- address the needs & inequalities identified in the JSNA
- set out key strategic priorities for action & outcomes members will jointly achieve
- inform local commissioning
- promote integration between health & care, as well as other Local Authority functions such as housing, transport, economy, and environment.
- 1.3 The main requirement is to involve all Health and Wellbeing Board partners in development & delivery. There is no prescribed timing, content, format or lifespan.
- 1.4 Our current Strategy runs from 2022-26. Torbay in parallel with Devon is developing the new Strategy to run from 2026-30.

### 3. Key considerations

- 3.1 Some key considerations in the preparation of the 2026 Strategy:
  - This is a time of particular organisational change, with the clustering of Integrated Care Boards and the prospect of Local Government Reorganisation. Any Strategy needs to be flexible in adapting to future local structures
  - Learning from the 2022-26 Strategy suggests it is desirable to allow for a refresh of detailed action plans annually or biannually, within the four year framework
  - The Government's 10 Year Plan for the NHS contains implications for local authorities. Alongside specific programme commitments, the plan proposes the creation of a 'Neighbourhood Health Service'. Linked to

this, Local Authorities are partners in the development of 'neighbourhood health plans', under the leadership of Health and Wellbeing Boards.

## 4. Allied strategies and stakeholders

- 4.1 In addition to the 10 Year Plan, there are local strategies and stakeholders with a particular relevance to the development of our Health and Wellbeing Strategy, including among others:
  - The new Devon Health and Care strategy currently in development
  - Torbay and South Devon Local Care Partnership inequalities Strategy
  - Torbay Corporate Plan, Economic strategy, Housing and Homelessness Strategies, Regeneration plans, and strategic plans relating to Children's and Adults Social Care.
  - The Torbay Story and Place Leadership Board.

## 5. Our approach

- 5.1 In the light of (3) and (4), our approach in developing the 2026 Strategy therefore follows some key principles:
  - Engaging Health and Wellbeing Board members as a minimum
  - Working in close partnership with Devon County Council and Plymouth City Council in terms of Strategy development and timescales
  - Working closely with Integrated Care Board (ICB) colleagues and taking account of the developing ICB Health and Care Strategy
  - Engaging with the Place Leadership Board, Local Care Partnership and Economy colleagues to enable shared priorities and some consistency of approach
  - A focus on neighbourhood health and wellbeing.

#### 6. Timetable

6.1 The development timetable for this year's report is below. This includes formal and informal engagement with Council and partner forums to allow opportunities for key constituencies to input into the report.

Activity	Stakeholders / meetings	Timeline
Scoping discussions with partners	Health & Wellbeing Board members,	
Agree principles of Strategy. Develop long list of priorities	Local Care Partnership, NHS, VCSE	March – June 2025

	Health & Wellbeing Board	March 2025
Agree outline priority areas & approach	Health & Wellbeing Board members	June – Aug 2025
	Health & Wellbeing Board	6 June 2025
	Health & Economy workshop	24 June 2025
	Place Leadership Board	8 Sept 2025
Develop content	Stakeholders as above	Sept – Oct 2025
	Health & Wellbeing Board	25 Sept 2025
Finalise draft Strategy	Stakeholders as above	Oct – Nov 2025
	Health & Wellbeing Board	4 Dec 2025
Public consultation	Torbay residents	Dec 25 – Jan 26
Launch consultation	Torbay Council Cabinet	16 Dec 2025
Post consultation draft		Feb 2026
Approve final draft	Health & Wellbeing Board	5 Mar 2026
Approve & publish Strategy		Mar - May 2026
Council to adopt the Strategy	Council	14 May 2026

# 7. Draft content & themes for the 2026-30 Strategy

7.1 A copy of the draft Strategy is attached.

The Strategy is designed to influence the implementation of health and wellbeing improvement programmes through the following routes:

1) Highlighting the needs in our population that all of us developing strategies, or commissioning services, need to respond to

- 2) Summarising the areas of activity required to address our population needs, in the ways people have said they want to see
- 3) Identifying the principles and priority areas which will inform delivery of the Strategy over the next four years.
- 4) Developing an annual delivery programme of up to three programmes each year which will be sponsored by the Board.
- 7.2 The key challenges in the Strategy are taken from the recently published 2025
  Joint Strategic Needs Assessment which was considered at our June meeting
  and can be found here: <u>TORBAY JOINT STRATEGIC NEEDS</u>
  ASSESSMENT 2025/26

Feedback from the recent engagement on the NHS 10 Year Plan has informed the Strategy.

The vision of the Strategy is around *healthy neighbourhoods*, with a focus on delivering prevention in place.

7.5 Draft priority delivery programmes for the first year, in discussion with Health and Wellbeing Board members, are:

### • Healthy spaces - children and young people

- Tackling the issues of low physical activity, poor diet, home or school insecurity, education underachievement, and unreadiness for work.
- Focusing on the work relating to the 'play' domain begun under the auspices of Child Friendly Torbay.
- Led by community groups in partnership with the local authority and other stakeholders.
- Involving a programme of activities to build physical, mental and social health and wellbeing.

## • Healthy work - working age adults

- Tackling the issues of unemployment through physical or mental ill health, NEETs, and disparities in opportunity for care experienced young people and carers
- Focusing on Connect to Work with wrap around support from NHS and VCSE partners
- Building confidence, employment opportunities, mentoring, practical, health, and social support

#### • Healthy ageing - older adults

 Tackling disparities in frailty onset, ill-heath, and dependence on social care, isolation, housing insecurity

- Age Friendly actions around housing, transport and health
- Led by VCSE, with local authority and other partners

## 8. Next steps

8.1 Subject to approval, public consultation is due to take place December 2025 – January 2026.

#### 9. Financial Opportunities and Implications

5.1 None identified in the overarching Strategy; however there will be financial costs and opportunities associated with the annual priority programme areas. For example, there is funding identified for Connect to Work and the wraparound support which form priority programme 2.

The focus on prevention and enablement is designed to lead to lower demand for acute health response and on social care.

## 10. Engagement and Consultation

6.1 Engagement feedback is included in the Strategy and there is formal consultation December – January.

## 11. Tackling Climate Change

7.1 In supporting delivery of a more sustainable health and care service and healthier communities, the Strategy should advance work to tackle climate change.

#### 12. Associated Risks

- 8.1 Risks and mitigations will be included in the delivery plans for the annual priority programmes.
- **13. Equality Impacts** Identify the potential positive and negative impacts on specific groups

	Positive Impact	Negative Impact & Mitigating Actions	Neutral Impact
Older or younger people	Y – key target groups		

People with caring Responsibilities	Y – a target group	
People with a disability	Y – a target group	
Women or men	Y – included within target groups	
People who are black or from a minority ethnic background (BME) (Please note Gypsies / Roma are within this community)	Y – included within target groups, and in areas where there are inequalities in outcomes between ethnic groups	
Religion or belief (including lack of belief)	No differential impact identified	Υ
People who are lesbian, gay or bisexual	No differential impact identified	Υ
People who are transgendered	No differential impact identified	Υ
People who are in a marriage or civil partnership	No differential impact identified	Υ
Women who are pregnant / on maternity leave	No differential impact identified	Υ
Socio-economic impacts (Including impact on child poverty issues and deprivation)	Y – target groups	
Public Health impacts (How will your proposal impact on the general health of the population of Torbay)	Y – prime focus on Strategy	

- 10. Cumulative Council Impact
- 10.1 None.
- 11. Cumulative Community Impacts
- 11.1 Impact is expected to be positive if Strategy and component programmes are delivered.